

Session 1 (max. 100 athletes)

Athletes can enter the track at 10.30 and must leave the stadium at 13:35

Time	Men	Women	Time
11:45		60 m Hurdles Round 1	11:45
12:00	Triple Jump	Pole Vault	12:00
12:05	60 m Hurdles Round 1		12:05
12:10		400 m	12:10
12:35	400 m		12:35
13:10		60 m Hurdles Round 2	13:10
13:30	60 m Hurdles Round 2		13:30

Session 2 (max. 100 athletes)

Athletes can enter the track at 14.00 and must leave the stadium at 16:35

Time	Men	Women	Time
15:00		60 m Round 1	15:00
15:05		Long Jump	15:05
15:10	Shot Put	Shot Put	15:10
15:15	60 m Round 1		15:15
15:35	800 m		15:35
15:55		60 m Round 2	15:55
16:15	60 m Round 2		16:15

Session 3 (max. 100 athletes)

Athletes can enter the track at 17.00 and must leave the stadium at 19:35

Time	Men	Women	Time
18:00	High Jump	200 m	18:00
18:05	Long Jump		18:05
18:25	200 m		18:25
18:55		800 m	18:55
19:20	1500 m		19:20

Additional informations:

Victory Ceremonies for winners only will take place directly after each event

Pole Vault women 3,20m + 10cm

High Jump men 1,90m + 5cm / from 2,05m +3cm

Triple Jump men 13m board

200 m & 400 m lane 1 will not be used