



# BAUHAUS Junioren-Gala 2023

24./25.06.2023 Michael-Hoffmann-Stadion Mannheim

20.11.2022

## Zeitplan / timetable

Samstag, 24.06.2023

Junioren / Men			Juniorinnen / Women	
Technik / Field	Bahn / Track	24.06.	Bahn / Track	Technik / Field
		13:00		Stabhoch / Pole Vault
	110 m Hürden / Hurdles Heats	13:20		Hammer / Hammer Throw
		13:40	100 m Hürden / Hurdles Heats	
		13:50		
Kugel / Shot Put		14:00		
	110 m Hürden / Hurdles F B/A	14:20		
		14:40	100 m Hürden / Hurdles F B/A	
		14:55		Drei / Triple Jump
	100 m Heats	15:00		
		15:20		
Hammer / Hammer Throw		15:30	100 m Heats	Speer / Javelin Throw
		15:50		
		14:40		
	400 m ZL	16:05		
		16:10		Kugel / Shot Put
		16:30	400 m ZL	
Drei / Triple Jump	100 m F B/A	16:50		
		17:00	100 m F B/A	
		17:10		
Diskus / Discus Throw		17:15	1.500 m ZL	
	1.500 m ZL	17:20		
	3.000 m Hi / SC F	17:30		
		17:50	3.000 m Hi / SC F	
	4 x 100 m (1. Race)	18:10		
		18:20	4 x 100 m (1. Race)	
	3.000 m F	18:30		
		18:40	3.000 m F	

Sonntag, 25.06.2023

Junioren / Men			Juniorinnen / Women	
Technik / Field	Bahn / Track	25.06.	Bahn / Track	Technik / Field
Hoch / High Jump		11:00		
Weit / Long Jump	400 m Hürden / Hurdles ZL	11:10		
		11:20		
Stabhoch / Pole Vault		11:30	400 m Hürden / Hurdles ZL	Diskus / Discus Throw
		11:35		
		11:40		
	4 x 100 m (2. Race)	11:50		
		11:50		
		12:00		
		12:05	4 x 100 m (2. Race)	
		12:10		
	800 m ZL	12:15		
		12:30		
		12:40		Hoch / High Jump
		12:45		
		12:50		Weit / Long Jump
		12:55	800 m ZL	
		13:00		
Speer / Javelin Throw		13:10		
		13:20		
	200 m ZL	13:30		
		13:35		
		13:40		
		13:45		
		13:45	200 m ZL	
		14:00		
	4 x 400 m F	14:10		
		14:20	4 x 400 m F	

Bitte beachten Sie auch : <http://www.junioren-gala.de>