

## THREE KINGS RUNNING MEETING

### ORGANIZER

Atletika ŠPORT HROU Bratislava in cooperation  
with OZ Atletika pre deti Zlaté Moravce

### EVENT DATE

Thursday, 5<sup>th</sup> January 2023

### LOCATION

Športová hala Elán, Bajkalská 7, 831 04 Bratislava

### ORGANIZING COMMITTEE

Competition director:

Jana Masárová

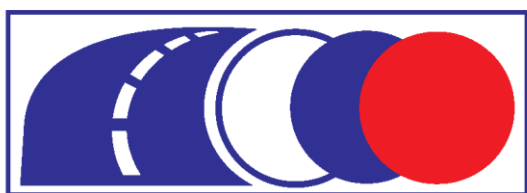
Competition manager:

Marcel Lopuchovský

Head referee:

Renáta Polanská

### OFFICIAL PARTNERS



Slovenská autobusová doprava Zvolen, a. s.



**ATTENDERS**

Men	1924 – 2004
Women	1924 – 2004
Junior Men	2004 – 2005
Junior Women	2004 – 2005
Teenage boys	2006 – 2007
Teenage girls	2006 – 2007
Older boys	2008 – 2009
Older girls	2008 – 2009

**DISCIPLINES**

Men – Women	150 m – 300 m - 500 m – 1000m – 5000 m
Junior Men - Junior Women	150 m – 300 m - 500 m – 1000m – 5000 m
Teenage boys - teenage girls	150 m – 300 m - 500 m – 1000m – 5000 m
Older boys - older girls	150 m – 300 m - 500 m – 1000m

**REGISTRATION**

Registration for disciplines is available online on the web portal of the Slovak Athletic Federation <https://statistika.atletika.sk/prihlaska/Account/LogOn?id=65114> , no later than 2<sup>nd</sup> January 2023 (Monday) until 12:00 PM.

After this deadline, the system automatically ends the registration.

Foreign competitors registration: d.kozolkova@gmail.com

**Registration fees 5€ each competitor, foreign competitors 10€. Registration on the race day 10€, foreign competitors 20€.**

**REWARD**

The first three runners will get a prize in each discipline. Reward 200€ for breaking the Slovak indoor record in the senior category in each disciplines.

**SLOVAK INDOOR REKORDS**

<b>Men</b>			<b>Women</b>	
150m	Ján Volko	15,79	Alexandra Bezeková	17,69
300m	Oliver Murcko	33,67	Alexandra Bezeková	37,70
500m	Marcel Lopuchovský	1:03,29	Alexandra Štuková	1:15,31
1000m	Jozef Repčík	2:19,15	Lucia Hrivnák Klocová	2:39,74
5000m	Miroslav Vanko	13:54,39	Silvia Pajanová	16:52,6

**Records of the ELÁN sports hall**

<b>Men</b>			<b>Women</b>	
150m	Filip Klvaňa CZE	16,42	Kateřina Čechová CZE	18,59
300m	Bence Farkas HUN	34,39	Miriam Hrdličková	39,29
500m	Marcel Lopuchovský	1:03,29	Andrea Švecová	1:16,54
1000m	Roman Hanzel	2:21,19	Lucia Hrivnák Klocová	2:39,7
5000m	Milan Fedák	14:57,25		

**MEASURING DEVICE**

Using certified measuring devices:

Electric starting blocks in running tracks	YES
Runs measured by a certified camera	YES

**MEETING OFFICE**

Meeting office in the hall will be opened from 13:00 till the end of the race. Each competitor for 500 m, 1000 m and 5 000 m must wear a number which need to be visible during the race. Presentation of competitors no later than one hour before the start of the discipline.

**WARM-UP**

Competitors can warm-up in Sports Hall Elán only in area allowed for that.

**DRESSING ROOMS**

Available in the Sports Hall Elán separately for men and woman only for changing clothes. The organizer is not responsible for left items.

**START LISTS**

Will be available online at: <https://statistika.atletika.sk/prihlasky/zoznam-prihlasok/65114>

**PROTESTS**

Protests related to the results or which arose during a competition, must be submitted orally to the head referee of a given discipline immediately, no later than 30 minutes after the official announcement of the result of the given discipline on a notice board (Rule 8 of the WA technical rules).

**HEALTH SERVICE**

Health service will be available in competition area during the race.

**TECHNICAL PROVISION**

1. Standing start in the 500 m race, after 150m you are allowed to run in the first lane;
2. All competitors must wear running shoes with 6 mm spikes max, you are required to show running shoes to judges for inspection at any time.
3. Only competitors, officials and referees are allowed to enter the area of the hall.
4. Entrance to the area of the hall is possible only in clean shoes.
5. It is forbidden to enter the tribune in running shoes.

**FINAL PROVISION**

1. Race follows the rules of World Athletics and these propositions.
2. Competitors star at their own risk and declare their health status by registration.
3. The race manager determines the placement of competitors in individual runs, including drawing the lanes, the order at the start and the progression key.
4. The organizer has the right to change the time schedule.
5. The race manager has the right not to allow a start of a competitor in case, his start would affect the technical organization of the race.

**PROVISIONAL PROGRAMM**

<b>TIME</b>	<b>DISCIPLINES</b>
15:00	<b>1000m</b> men – junior male – teenage boys – older boys
15:15	<b>1000m</b> women – junior female – teenage girls – older girls
15:30	<b>500m</b> men – junior male – teenage boys – older boys
15:50	<b>500m</b> women – junior female – teenage girls – older girls
16:10	<b>300m</b> men – junior male – teenage boys – older boys
16:30	<b>300m</b> women – junior female – teenage girls – older girls
16:45	<b>1. sled AWARDING CEREMONY</b>
16:50	<b>150m</b> men – junior male – teenage boys – older boys
17:10	<b>150m</b> women – junior female – teenage girls – older girls
17:30	<b>5000m</b> all categories except older students
18:00	<b>2. sled AWARDING CEREMONY</b>

Note:

**THE FINAL TIME PROGRAM** will be published after the closing start list on Tuesday 1<sup>st</sup> January 2023 on the website <https://statistika.atletika.sk/prihlasky/zoznam-prihlasok/65114>