

Zeitplan / timetable
Samstag, 24.06.2023

<i>Junioren / Men</i>			<i>Juniorinnen / Women</i>	
Technik / Field	Bahn / Track	24.06.	Bahn / Track	Technik / Field
		13:00		Stabhoch / Pole Vault U20
	400 m Hürden / Hurdles ZL	13:20		Hammer / Hammer Throw
		13:40	400 m Hürden / Hurdles ZL	
Kugel / Shot Put	100 m Heats	14:00		
		14:20		
		14:30	100 m Heats	
		14:55		Drei / Triple Jump
	400 m ZL	15:00		
		15:20	400 m ZL	
Hammer / Hammer Throw		15:30		Speer / Javelin Throw
	100 m F B/A	15:50		Kugel / Shot Put
		16:00	100 m F B/A	Stabhoch / Pole Vault Women
		16:20	1.500 m ZL	
	1.500 m ZL	16:30		
Drei / Triple Jump	3.000 m Hi / SC F	16:50		
		17:00		
		17:10	3.000 m Hi / SC F	
Speer / Javelin Throw		17:15		
		17:20		
	4 x 100 m (1. Race)	17:30		
		17:40	4 x 100 m (1. Race)	
	3.000 m F	18:00		
		18:20	3.000 m F	
		18:30		

Sonntag, 25.06.2023

<i>Junioren / Men</i>			<i>Juniorinnen / Women</i>	
Technik / Field	Bahn / Track	25.06.	Bahn / Track	Technik / Field
Hoch / High Jump	110 m Hürden / Hurdles Heats	11:00		
Weit / Long Jump		11:10		
		11:20		
Stabhoch / Pole Vault U20		11:30	100 m Hürden / Hurdles Heats	Diskus / Discus Throw
		11:40		
		11:50		
	4 x 100 m (2. Race)	12:00		
		12:10	4 x 100 m (2. Race)	
		12:20		
	110 m Hürden / Hurdles F B/A	12:30		
		12:40		Hoch / High Jump
		12:50	100 m Hürden / Hurdles F B/A	Weit / Long Jump
		13:00		
Diskus / Discus Throw		13:10		
		13:20		
Stabhoch / Pole Vault Men	200 m ZL	13:30		
		13:40		
		13:50	200 m ZL	
		14:00		
	800 m ZL	14:10		
		14:20		
		14:30	800 m ZL	
	4 x 400 m F	14:40		
		14:50	4 x 400 m F	
		15:00		