





OPEN INDOR ATLETIC VETERAN CHAMPIONSHIP OF SLOVENIA 2019

 Place and organizer: Novo mesto (Olympic Training Center in Češka vas, Zaloška cesta 20), Athletic Club Krka





2.

Date of competition: Saturday, February 23, 2019.

3.

Applications:

at least four (4) days prior to the competition at the address:

E-mail: miso.matijevic@gmail.com

and, in the extreme, two (2) hours before the start, with an additional 10 EUR.

At check-in please state: name and surname, exact date of birth, category, club (or place) and discipline.

4.

Disciplines:

VETERANS (Woman and Man)

60 m, 60 m hurdles, 200m, 800m, 3000m, 3000m walk, long jump, high jump, pole vault, triple jump, shot put

5.

Categories: according to EMA, over 35 years after the age at the day of the competition.

6.

Limitations: every competitor may take up to three (3) disciplines. A condition for entering the competition is the payment of the ZAVS membership fee for 2019 (for Slovenian team). Participation is at your own risk.

7.

Entry fee: EUR 10 for one discipline, EUR 18 for a two disciplines and EUR 25 for three disciplines.

8.

Scheduled schedule:

| Time | RUN + WALK | JUMP | THROW |
|-------|--|------------------------------|------------|
| 13.00 | 60m hurdles M | Long jump F | |
| 13.15 | 60m hurdles F | | |
| 13.45 | 60m M | | |
| 14.15 | 60m F | Long jump M | |
| 14.45 | 200m M | High jump F | |
| 15.15 | 200m F | Pole vault M+F | Shot put M |
| 15.30 | Medal ceremony (60m hurdles, 60m, Long jump, high jump F, 200m) | | |
| 15.45 | 800m M | | |
| 16.15 | 800m F | High jump M, Triple jump M+F | |
| 16.30 | 3000m M+F | | |
| 17.00 | Walk 3000m M+F | | Shot put F |
| 17.30 | Medal ceremony (pole vault, high jump M, triple jump, shot put, 800m, 3000m, Walk 3000m) | | |

he organizer reserves the right to change the timetable and cancellation of the discipline according to the number of applicants. The schedule of the competition with the start list and the technical instructions will be published no later than Friday, 22.2.2019 on the website zavs.si and FB.

9.

Shot put weight:

M35 - M45 (7.26kg), M50 - M55 (6kg), M60 - M65 (5kg), M70 - M75 (4kg), M80+ (3kg) F35 - F45 (4kg), F50 - F70 (3kg), F75+ (2kg)

10.

Medail ceremony: The first three in each category and in each discipline receive AZS medals. If a foreign competitor is included in the first three, he receives the appropriate medal.