



## ZDRUŽENJE ATLETSKIH TRENERJEV SLOVENIJE

Letališka cesta 33 C  
1122 Ljubljana, Slovenija  
**Tel:** +386 (01) 520-69-10  
**Fax:** +386 (01) 520-69-16  
**http:** www.atletska-zveza.si

### ***International seminar***

***»ADAPTATION based Modern ENDURANCE Training for ELITE athletes«***

Dear Friends,

on behalf of Slovenian athletic federation (AZS) and Slovenian athletic coaches association (ZATS), we are pleased to invite you to attend the International seminar **»Adaptation based modern endurance training for elite athletes«** which be held in **Češča vas (Novo mesto) from 30.11. 2021 untill 03.12.2021** (between 6pm and 9 pm).

The seminar with practical workshops will be led by well known athletic name, DOSB Diploma Coach, dr. Gunter Lange, who won four medals with Ugandan runners at the Tokyo Olympics.

Lectures will be held in English.

Entries deadline: **21.november 2021.**

Please send your entries to the following **e-mail address: [verhovnik.u@gmail.com](mailto:verhovnik.u@gmail.com)**.

For entries we require following details:

- **name and surname;**
- **country;**
- **e-mail address.**

The **registration fee is 70 EUR** and must be paid by the time of arrival:

Atletska zveza Slovenije  
Letališka cesta 33c  
1122 Ljubljana  
VAT: SI 28668111

Account number: SI56 0208 5001 3244 939  
NLB d.d.  
Trg republike 2  
1520 Ljubljana  
SWIFT / BIC: LJBAS12X.

The following hotel accommodation offer applies to all participants:

**28.11. - 30.11.2021**

**Hotel Balnea\*\*\*\*Superior - Terme Dolenjske Toplice:**

Bed and breakfast/ per person  
Double room: 95,00 EUR  
Single room: 120,00 EUR

Half board/ per person  
Double room: EUR 99,00  
Single room: 124,00 EUR

Price includes: selected service, use of bathroom, entry to the thermal pool, 1x entry to the saunas up to 3 hours, Wi Fi, parking place, animation programme....

Extra charge:  
Tourist tax: 2,50 EUR/ night/person.

**Hotel Center Novo mesto:**

Bed and breakfast in a single room with private bathroom:  
59,50€/person/night, plus tourist tax 2,50€/person/night.

Bed and breakfast in a double room with private bathroom:  
46,75€/person/night, tourist tax extra 2,50€/person/night.

Bed and breakfast in a single room with shared bathroom:  
41,65€/person/night, tourist tax extra 2,50€/person/night.

Bed and breakfast in a double room with shared bathroom:  
33,15€/person/night, tourist tax extra 2,50€/person/night.

Looking forward to seeing you in Slovenia,

president ZATS  
Uroš Verhovnik

